

Yoga Schedule from June 21- July 17

mon	tue	wed	thu	fri	sat
9:00 - 10:00 am gentle beginner		9:00 - 10:00 am gentle beginner		9:00 - 10:00 am gentle beginner	
10:00 - 11:00 am dynamic flow		10:00 - 11:00 am dynamic flow		10:00 - 11:00 am dynamic flow	10:00 - 11:30 am gentle all levels
	5:30 - 7:00 pm gentle all levels Robin	5:30 - 7:00 pm gentle all levels Nicola			
7:15 - 8:45 pm dynamic flow Nicola			7:15 - 8:45 pm back care injury prevention		

KaliYoga closes July 19 for the summer and re-opens September 7